Steps to starting school

Build your child's confidence so that they start school confident, curious and ready to learn



I can follow instructions and understand the need to follow rules

I am able to ask for help if I don't

> I can use a knife and fork and open my lunch on my

I enjoy making marks and have practised holding a pencil

feel well

own

I can button & unbutton my shirt, use a zip and put on my own shoes & socks

I am happy to be away from my parents or main carer

I know when to wash my hands and can wipe my nose

I can go to the toilet, wipe myself properly and flush unaided

interacting with other children I enjoy learning about and exploring new things I like to read stories and

look at

picture books

I like

I can share toys and take turns I am able to sit still and listen for a short while I am happy to tidy up after myself and can look after my

things

I have a good

bedtime

routine so I'm

not tired for

school

More top tips:

- Get your child ready for their new routine by switching their meal times to match those of the school day
- Encourage your child to explore new environments and interact with new people
- Talk to your child about what they are most looking forward to at school
- Let your child practise putting their new school uniform on and taking it off
- And remember, every child is different and starts school with different abilities